



Partnership Briefing  
Issue No: 80 Aug 2024



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**The health improvement team are commissioned to provide Triple P parenting support for families in Halton, with a particular role for SEND families.**

**Triple P (Positive Parenting Programme) is an evidence-based programme that gives parents the skills they need to raise confident, healthy children and teenagers and to build stronger family relationships. It also helps parents manage misbehaviour and prevent problems occurring in the first place. It doesn't tell people how to parent, it gives them simple and practical strategies they can adapt to suit their own values, beliefs, and needs.**

**Triple P can help parents and carers to: encourage behaviour they'd like, deal with problem behaviour, become confident as a parent, be consistent, be realistic about parenting & how to take better care of themselves.**

**Three courses are available:**

**Group 0-12 - For parents of children up to 12 years of age**

**Group Teen - For parents of teenagers up to 16 years old**

**Group Stepping Stones - For parents of children with SEN**

For more information on Group Stepping Stones Triple P, please access this link [More info on Stepping Stones](#)

**Rebekah Walsh manages the triple P service.**

**Please can you advise who she should be working with to ensure that all families who could potentially benefit are being referred in?**

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